



RULES & REGULATIONS OF THE NCGSA

(Revisions adopted 1/28/2026)

TABLE OF CONTENTS

DIVISION I Code of Conduct	2
PART A: PARENT CODE OF CONDUCT	2
PART B. GENERAL CODE OF CONDUCT	3
DIVISION II Formation of Teams.....	4
PART A. ELIGIBILITY OF GIRLS	4
PART B. PLAYER SELECTION & FORMATION OF TEAMS	5
PART C. MANAGING PERSONNEL	6
PART D. GENERAL INFORMATION	7
DIVISION III Rules of Play for Spring Recreational League.....	10
DIVISION VIII NorCal All Stars	10
DIVISION IX Fall Ball League Teams.....	11
Division X USA Softball of Sacramento Select B Program (“Thunder”)	11
PART A. PURPOSE.....	11
PART B. COACHES.....	12
PART C. ELIGIBILITY	12
PART D. SCHEDULE	12
PART E. COST	12
PART F. TRYOUTS	13
PART G. CLASSIFICATIONS.....	13
PART H. RULES	13
Division XI Nevada County Girls Softball Association Class “A” (Travel Ball or A-Ball)	13
PART A. GENERAL.....	13
PART B. ELIGIBILITY, TRYOUT & TEAM FORMATION TIMING CLASSIFICATION	14
PART C. PRACTICES FIELDS, TIMES AND LOCATIONS.....	15
PART D. FUNDING	15
DIVISION XI Concussions	16

DIVISION I

Code of Conduct

PART A: PARENT CODE OF CONDUCT

The league strives to provide a program in which each girl learns the fundamentals of the game of softball, develops an understanding of good sportsmanship and the importance of socially appropriate and healthy behaviors. In that regard, the league has implemented the following Code of Conduct that applies to each parent, guardian, family member or friend, regardless of whether he/she participates as a coach, manager, umpire, assistant with the team, or spectator at any games or league events. The following conduct is not allowed at games and/or any league-sponsored event:

1. Using or uttering foul, vulgar, or abusive language aimed at players, coaches, umpires or spectators and any vendors used by the league.
2. Threatening physical harm or physically assaulting any person.
3. No Smoking, No Vaping, no use of tobacco or marijuana on the field, in dugouts, or within 20 feet of the field or dugouts. By law, smoking is not allowed on school grounds.
4. NO consuming alcohol or using illegal drugs or substances.
5. Disrespecting, abusing, damaging or defacing school, city or county property on which fields are located, or allowing such conduct by children or guests.

If a person engages in any of the above conduct, the umpire and/or any coach or Association representative is authorized by the league to warn the person in violation and, if the conduct continues, to eject that person from the area where the league event is taking place. If the person does not leave voluntarily, the umpire, coach or Association representative may summon law enforcement to assist in the matter and may declare that the game or event is suspended so that players may leave and not be subjected further to the misconduct.

If a matter involving misconduct is brought to the attention of the league's President, the President may request written statements by persons witnessing or involved in the incident and investigate and resolve the matter in any manner he/she deems appropriate, including suspending the wrongdoer immediately from league activities while the incident is being investigated and resolved. If the President believes appropriate, he/she may bring the matter to the attention of the league's Board of Directors for action. The Board may call a special meeting to discuss the matter. All persons involved in the incident will be invited to attend and

participate in that part of the meeting publicly addressing the incident. The Board may decide to take any action it deems appropriate, which may include (a) taking no action, (b) expelling the wrongdoer from the league, (c) suspending the wrongdoer from the league for any period of time, or (d) warning the wrongdoer and establishing a probationary period.

PART B. GENERAL CODE OF CONDUCT

This Code of Conduct is established by the NCGSA to serve as a guideline pertaining to the conduct of players, coaches, and managers, volunteers and board members. The Code outlines unacceptable behavior and suggests the minimum and maximum penalties for violations.

1. Any ejected player/coach/manager MUST leave the field immediately. Failure to do so may result in a maximum penalty for the violation. If the ejected player/coach/manager continues any disruption from the spectator area, they will be suspended for one additional game and placed on probation. An incident report will be completed and forwarded to the league President.

Minimum penalty: 1 game suspension

Maximum penalty: 2 game suspension and 1 year probation

2. A player/coach/manager who is on probation for a Code of Conduct violation and is reported for another violation of the Code of Conduct, WILL FACE double the normal penalty for the new violation. Any probation or suspension included in the penalty for the new violation will run consecutively with the former penalty. This incident will be reported to League President.

Minimum penalty: 4 game suspension and one year probation.

Maximum penalty: Terminated for the calendar year.

3. NO PLAYER, COACH, MANAGER, VOLUNTEER OR BOARD MEMBER SHALL:

- a. Be physically aggressive toward any person (teammate or opponent), official (umpire or scorekeeper), league director, agency representative, or spectator. This includes any unwanted physical contact including, but not limit to, shoving, or striking a person before, during or after a game. During a game, the player will be immediately ejected.

Minimum penalty: Immediate ejection and two game suspensions.

Maximum Penalty: Terminated for the one year.

- b. Use of profanity and/or racial, sexual, religious sexual orientation, or disability-based slurs, threats, or intimidation before, during or after a game.

Minimum penalty: Immediate ejection and eight game probation.
Maximum penalty: Terminated for one year.

- c. Refuse to abide by an official's decision.

Minimum penalty: Immediate ejection and two game suspensions.
Maximum penalty: Terminated for the year.

- d. Be verbally abusive toward any Board member, player, official, tournament director, representatives, or spectators. This includes but is not limited to, use of profanity and/or racial slurs, harassment, threats, or intimidation before, during or after a game. If during a game, the player will be ejected.

Minimum penalty: Immediate ejection and eight game suspension.
Maximum penalty: Suspension 2 years.

A hearing may be requested by the player/coach/manager/spectator. The NCGSA Board of Directors will hear any such appeal.

*Note: Coaches may form a team contract that will include a "Player's Code of Conduct" agreement for their team. This would also include the coach's personal philosophies on the game and how he/she plans to coach the team. However, this contract must be approved by the board, and may not be printed on League Letterhead using the NCGSA logo.

DIVISION II **Formation of Teams**

PART A. ELIGIBILITY OF GIRLS

1. Any girl from 4 to 16 years of age is eligible to play under the rules of the NCGSA. No girl will be refused the opportunity to play because of financial hardship. A hardship form (found on the league website) will be filled out, and every situation will be assessed by the board on a case-by-case basis. Depending on each situation, the board could: provide a full scholarship for the player for that year, provide a partial scholarship for that year, or provide a payment plan for the player. Each year, a new hardship form will have to be filled out for that season.

2. Girls 4 to 16, when registering, may be required to bring acceptable proof of their birth date. Registration forms require the signature of a parent or guardian. Access to registration data will be open to authorized league officials.
3. Determination of age for playing will be as follows: the girl's age will be the age she is on September 1st of the coming playing year. See yearly age chart for further information on our website.
4. Players wishing to move up to a higher division must meet two prerequisites. They must have competed 1 season in the lower age group, and they must complete and submit the "Request to move up Form." Following form submission, the player will be required to try out for both the current and higher age divisions. The Board of Directors will review the tryouts and make a decision based on the player's skill level and the best interests of both the player and the league. No exceptions to this process will be granted prior to tryouts. Furthermore, any requests to move up will not be considered after the tryout period.
5. Players who participate in a higher division during the spring season will be considered eligible for all-star tournaments in both the division played during spring and the lower division in which they would have been age-eligible.
6. Players who play in a higher division than their league age during spring must also play in that division for fall ball activities. Conversely, playing up in fall ball does not restrict a player from returning to their regular season and tournament team in their appropriate age division. Players seeking to play in a lower age division during the spring season must submit a formal request to the league's Board of Directors for approval **before** team placement. This request should be submitted well in advance of the season's start.

PART B. PLAYER SELECTION & FORMATION OF TEAMS

1. Participants should be selected for a team each year. Siblings playing in the same division should be allowed to play on the same team unless otherwise requested by their parent(s) or legal guardian.
2. 6U teams will be formed by the board through a process of random selection and player requests.
3. 8U, 10U, 12U, 14U, & 16U teams will be formed through a draft process. The draft process will begin with a random selection by coaches (number out of a hat) of which coach/team picks first. The draft process will continue until all players are off the board.

The Head Coach and 1 assistant coach are granted their kid/kids on that team. If more than 1 kid for the coaches, the draft will start for that particular team when all other teams have the equal amount of players. “Snake” is the type of draft we use. The Player/Coach Agent will run the draft, unless coaching in that division, then a designated board member that is unbiased will run the draft.

4. Recommended team rosters will consist of the following number of players, 6U (9), 8U, 10U, 12U, and 14U+ will have up to 12 players per team. No less than 10 players per team on these age groups.

PART C. MANAGING PERSONNEL

1. Coaches will be selected by a board vote after applications are reviewed. Just because someone was a coach last year does not guarantee them a spot the following year. All-Star Coach selection process will be determined after the coach interviews with the board and provides his/her qualifications to be Head Coach. The board then will have a closed meeting and select the coach based on their interview and qualifications. The Head Coach will be able to choose their coaching staff for All Stars.
2. Each team will have a Head Coach, Assistant Coach and a Dugout Parent. One of these three must be a female over the age of 18 years. A female must be in the dugout, that is always over the age of 18. All managing personnel must be not less than 18 years of age unless special circumstances are permitted by the Board of Directors. All managing personnel must have completed the background check and SafeSport in order to coach. A Head Coach, with approval of the board, for reasons of discipline, may suspend a girl from game play temporarily. This is the only form of discipline, by a manager, permissible under the rules of NCGSA.
3. All Coaches and Managers must agree to and sign the Coaches Code of Conduct Form, as well as pass a background check and complete SafeSport before being able to do any meeting, practice, or game for their team. All NCGSA Board Members must pass the background check and SafeSport to continue to be on the board.
4. All Head Coaches and Assistant Coaches are required to complete training as determined yearly by the Board of Directors. If a Coach can't make a specific training session required by the board, he/she must contact the President to make alternate arrangements.
5. All Coaches must attend (and stay for) the Mandatory Coaches Meeting and sign the Coaches Contract. You will meet your Board of Directors, discuss the playing season, & receive all pertinent season paperwork and equipment. If coaches do not

attend the meeting, then they must reschedule with the Player/Coach Agent and will not be issued their equipment or jerseys until the meeting has been done and the contract has been signed.

PART D. GENERAL INFORMATION

1. JEWELRY RULE: USA Rule 3-6-F States the following: "Exposed jewelry, which is judged by the umpire to be dangerous, must be removed and may not be worn during the game. Medical alert bracelets or necklaces are not considered jewelry. If worn, they must be taped to the body, so the medical alert information remains visible." This means that the umpire may require that all jewelry be removed, including pierced earrings. If jewelry is not removed, the player may not be allowed to play. Don't take a chance on injury. Remove all jewelry before going to any game or practice.
2. INSURANCE: The NCGSA provides secondary insurance for each player and coach for injuries sustained during league events. Each coach receives claim forms, and instructions for filling them out, at the mandatory Coaches Meeting.
3. WEBSITE: The NCGSA has a website at www.ncgsa.org. It includes the very latest schedule, **calendar of events**, updated standings, team sponsors and links to softball websites (including NORCAL). Specific board members' email addresses may be accessed through the website. The website should be checked first for all information.
4. UNIFORMS: The NCGSA will provide uniform tops and hats/visors via Sponsorship fees. Each age division will have its own unique color of uniform top. 6U players are not required to wear baseball/softball style pants although it is recommended. 8U players and up are required to wear baseball/softball pants during games. Age groups of 6U-12U should wear molded cleats. Age groups 14U – 16U are allowed to wear metal cleats. It is recommended that teams agree on what they want to wear and look the same as close as possible. The league does not provide pants, shorts, belts, socks, shoes and softball gloves.
5. SPORTSMANSHIP: Cheers, chants and songs have become a big part of girls' Softball. However, NCGSA does not allow any negative cheers, chants, songs or noises that are designed to distract the opposing team or any of its players. Only positive cheering is allowed to encourage your own team or its players. At the end of each game, it is encouraged that each team yell out a cheer for the opposite team and then shake or high five.
6. RAINY DAY PROTOCOL PRACTICES: Coaches are encouraged to hold some sort of practice on wet or rainy days and not cancel them all together. The practice season is short as it is, and every opportunity to get together is valuable. If it is wet (not raining) teams can

work on throwing & catching and other drills on a playground or parking lot. RAINY GAME DAYS: The league's policy is as follows: An announcement will be made on the Website and emailed to coaches on a rainy day as to game status, in a timely manner. Unless a message says that games have been canceled, you will still need to show up at the field and let the umpire make the call to play or reschedule a make-up. In the event of a reschedule, the home team must notify the Master Scheduler so that it can be rescheduled. For 6U, no reschedules will be made unless a team has had two or more rainouts. Because we play at many different locations around the County, it is impossible for us to know the exact field conditions at each location. Also, some fields drain better than others and may still be playable. Every effort will be made to play games, if possible, if conditions are safe. The Umpire and the coaches will collectively make that decision as needed.

8. VOLUNTEER HOURS: Coaches and Board members volunteer their time to help make the league operate. The league asks and strongly encourages all parents or guardians to help out and volunteer time to ensure a smooth league operation. This includes assisting with field preparation before and after the games, chalking lines, keeping score, and helping out at league fundraisers. If we do not get sufficient participation outside of coach and board member volunteers, the league will consider implementing a mandatory volunteer hour or deposit requirement.

9. CLEAN UP: Everyone is responsible for clearing their own trash and leaving the ball field clean after each practice and game. Teams are encouraged to bring large trash bags for after game clean up and removal. This is extremely important in helping to maintain our privileges with the schools, county and city for future field use. Field availability is scarce in our area, and we would like to continue being able to use them!

Pitch in and help clean up after practices and games.

10. TEAM RESPONSIBILITIES: Both teams (with the exception of visiting, interleague teams), are responsible for making sure the fields are ready for play. Both teams should ask parents to help with field prep and chalking to free up the coaches time.

a) HOME TEAM RESPONSIBILITIES: Home team uses the first base dugout. The official home team provides the game ball and official scorekeeper. Home team is responsible for field prep in advance of the gametime. This includes (but is not limited to): lining the fields, dragging the field (as needed) and setting out the bases.

b) AWAY TEAM RESPONSIBILITIES: Away team uses the third base dugout. At the end of the game, the away team is responsible for putting equipment away that was used during gameplay (on days where there are multiple games are being played on one field,

the last away team of the day is responsible for putting everything away making sure to securely lock the equipment box.)

c) SCOREKEEPING: Both teams should keep score and the HOME team reports the score to NCGSA. It is good practice to consult with the scorekeeper on the other team or have the other coach sign your Scorebook so that you are both in agreement with the score.

11. LOCATIONS: All players are to always remain in the dugouts unless excused to use the restroom or to get a drink. Parents are to stay out of the dugouts and not call their daughter out unless one of the coaches has been notified or in case of an emergency. Players need to be available to play when called upon and help to support their team.

12. UMPIRES: The league will, whenever possible, provide umpires that are not related to either team's players or coaches to officiate games. However, in the interest of playing games and avoiding reschedules, an umpire will be allowed to officiate the game, even though he or she is related to members of a team or its coaches. That umpire is to remain unbiased while calling the game. If, during the game, it becomes blatantly obvious that the umpire has been biased, a protest may be filed to the league's chief umpire for review. Written reports will be required regarding the incident(s). The league prefers to use USA certified and insured umpires but does not require it. Insurance will be provided to non-USA umpires by the league. Umpire payment schedule shall be as follows: The UIC will provide a spreadsheet to the board of approval of all payments made to each umpire.

13. PULL UP RULE: 14U can pull up from 12U; 12U can pull up from 10U and so forth. Teams can pull up from the lower divisions as stated in the first sentence for the purpose of fielding a team due to a season ending injury, or a special circumstance. All team roster changes must be approved by the board. There are no eligibility issues for B Ball players. i.e.. B Ball 12u player can play 14u rec (You do not have to pull unless you cannot field a team.)

14. BATTING HELMETS: Batting helmets are required to be worn by all batters and base runners. For all age divisions, every helmet is required to have a faceguard, regardless of how it fits on the player's head. **All personal helmets provided by the players must meet USA Certified Standards to be used.**

15. REGISTRATION: When Regular registration closes. Late registrations will be waitlisted and considered by the board two weeks after the draft concludes. No further players will be accepted after this time.

DIVISION III
Rules of Play for Spring Recreational League

1. The purpose of the Spring Recreational League is to provide a local community with an organized softball program open to any interested player. This is a recreation based program designed to encourage participation and provide an introductory level to the game of softball.
2. All age groups (6U, 8U, 10U, 12U, 14U) will follow Nor-Cal rules unless league rules are specified further below.
3. Pitching Rule: During the regular season if pitching a Select player you may only pitch 2 innings in a row without a substitution. After two innings a new pitcher must come in and two innings must be completed before the first pitcher can come back into the game. An agreement can be made prior to the game with the other head coach and umpire, depending on availability of pitchers. A NON-Select player may pitch more innings.
4. During the end of year tournament Nor-Cal pitching rules will apply.

DIVISION VIII
NorCal All Stars

1. At the end of the recreational league play, the Nevada County Girls Softball Association may send (1) 8U, (1) 10U, and (1) 12U team to play in the official Class C All-Star Tournaments and (1) 14U team to play in the official Class B All-Star Tournament. This will be at board discretion based on the number of available players. The All-Stars will be required to volunteer at a league fundraiser or pay a fee to the league. They will be notified of their obligation during the All-Star Process.
2. Each year the All-Star Coaches will be selected by the board.
3. The All-Star team selection process will begin with a tryout to be held near the end of the regular season play; the date and location will be announced by the Board via email. Any players interested in trying out and committing to the All-Star season shall submit their interest online in advance and attend the tryout.
4. The coach in each age division will be able to select the team from eligible players that have attended the tryout and agreed to commit to the All-Star season. The maximum number of

players taken shall be 14, with a minimum of 12. This selection process will be completed with the board.

5. Recreation practice and games take precedence over All-stars until the completion of the Showdown Tournament.
6. The board approves the final All-Stars Rosters.

DIVISION IX **Fall Ball League Teams**

1. Fall Ball is a more Competitive Season than the recreational Spring season. An interest form will be sent out for Coaches and Players following the conclusion of the Summer All Star Tournaments. If there are more than 14 girls expressing interest in any particular division, a tryout will be held.
2. The Fall League Season begins with a seeding tournament over Labor Day weekend and ends in late October. Practices usually begin much sooner, and team rosters must be turned in to NorCal by August 1st.
3. Fall League and All-Star rules are as established by NorCal and can be found at <http://www.norcalsoftball.org>
4. Tryouts are required unless there are only a number of players to make a full team in which case tryouts aren't needed. If there are enough players trying out to make two or more full teams, the Board will vote in advance on the draft procedure and inform the coaches. In the best interest of the players, it may be determined that the two or more teams be evenly divided by skill level such a linear draft should occur, or it may be determined that one team will be formed with intent to enter a higher bracket of play, in which case the individual voted to coach the higher level of play shall have first draft picks until their roster is formed.
5. Coaches are selected by the Board.
6. Rosters to be approved by the Board.

Division X **USA Softball of Sacramento Select B Program** **(“Thunder”)**

PART A. PURPOSE

USA Softball of Sacramento has developed the new USA Softball Select Program (“Class B”) for recreational softball leagues to create a more competitive environment for players to

participate in while remaining with their respective recreational leagues. The Select program is a recreation-based program and managed by an approved Recreational League.

Nevada County Girls Softball Association (NCGSA) will participate in this program with the intent of fielding a 10U, 12U and 14U USA Softball of Sacramento Select team. Forming a Select Team will be dependent on registration numbers for each division in our league as well as the participation of other leagues and availability of qualified coaches.

PART B. COACHES

Coaches will be selected by the Board of Directors no later than December 1st.

PART C. ELIGIBILITY

The following eligibility criteria are intended to conform to the USA Softball of Sacramento Class B requirements. To the extent the USA Softball of Sacramento eligibility criteria changes, these rules should be adjusted accordingly.

1. Players must be registered with NCGSA to be eligible to participate on the USA Softball of Sacramento Select Team (Nevada County Thunder).
2. All players must live within the approved boundaries of NCGSA.
3. Rules subject to change, effective 2026 Select season, players will no longer be required to play concurrently in the recreational league.
4. Any player that participates with any other team outside of their recreational league or Nevada County Thunder Team during the rec league season will forfeit their eligibility.
5. All players must participate in a tryout for their respective divisions.
6. Any player that is selected to move up shall continue to play at the higher level for the remainder of calendar year.
7. Selected USA Softball of Sacramento Select Team Nevada County Thunder players will not be eligible for Class C All-Stars.

PART D. SCHEDULE

The USA Softball of Sacramento Select Team (Nevada County Thunder) is primarily a tournament-based team during the spring season. The tournament schedule starts in February/March and runs through June. There will be 8 scheduled tournaments during this time. The intent is also for this team to play in their respective Western National Tournament the last week in July or first week of August.

PART E. COST

1. Players must be registered with NCGSA and have paid the regular registration fees. Registration fees are **NONREFUNDABLE** (Once insurance and uniforms have been purchased.)
2. Once the player has made a USA Softball of Sacramento Select Team (Nevada County Thunder) there will be an additional tournament fee. This fee will cover all 8 tournament entry fees and uniforms.

PART F. TRYOUTS

Tryouts will be held during the months of November through January (see website for dates and times for each division) with a rainout makeup TBD. Announcements about place and time for tryouts will be made on the NCGSA website and emailed to individuals who have previously opted in to receiving email communications from the Association. Players who wish to participate on the Nevada County Thunder Select Team must attend the tryout as specified. Tryouts will be run by the selected Coach and NCGSA Board Member Committee. Players will be selected based on the tryout by the Coach. Players and parents should arrive $\frac{1}{2}$ hour prior to start for parent information meeting.

PART G. CLASSIFICATIONS.

1. All teams in the Select program will be classified as USA Softball of Sacramento Class 'B' Teams regardless of league size. Class 'B' Teams, including individual players participating in the Select program, cannot be re-classified to the Class 'C' All-Star program.
2. The All-Star program has now been re-classified by USA Softball of Sacramento and Nor Cal to Class 'C'. This by no means diminishes the competitiveness of the All-Star program but just a re-classification due to the new Select 'B' program. The Junior Olympics (JO) Commissioner is responsible for re-classifying teams to the division which they feel the team will be the most competitive. If for instance we did not field a USA Softball of Sacramento Select Team in a certain division, that All-Star team could and probably would be re-classified as a 'B' Team and compete against other Select teams during the All-Star tournament play.

PART H. RULES.

1. League Play will be governed by the NorCal rules.

Division XI **Nevada County Girls Softball Association Class "A"** **(Travel Ball or A-Ball)**

PART A. GENERAL

The purpose the NCGSA A-Ball Program is to provide a competitive tournament system designed to develop softball players to build their skills and excel at their highest desired level of competition.

This Division does not apply to the Thunder Class 'B' program; a special outline has been established for this program, see Division X above. The provisions set forth in this Division are intended to comply with the eligibility requirements set forth for the Class A level play in the leagues that the A-Ball commissioner deems appropriate; currently the goal is to field a competitive team to play in Legacy/AST tournaments. To the extent the relevant eligibility criteria changes, these rules may be adjusted accordingly.

PART B. ELIGIBILITY, TRYOUT & TEAM FORMATION TIMING CLASSIFICATION

1. All girls who are eligible to play for NCGSA are also eligible to play on the NCGSA A-Ball team. Additionally, girls that are not eligible to play for NCGSA are eligible to play on the NCGSA A-Ball team. The A-Ball teams formed will consist of girls meeting the A-Ball age bracket specifications.
2. Eligibility for NCGSA A-Ball is based on the League conducting skills evaluation tryouts. Each player must participate in at least one of these tryouts; a player may be asked to a subsequent tryout(s) in order to further evaluate her individual skills. The tryouts for the Spring/Summer season will be held during the months of November through January. Tryouts for the Fall Season will be held during mid-July to early- August time period. The A-Ball team(s) will be formed by late-January for Spring/Summer and early August for Fall.
3. One Manager and 1-2 Coaches will conduct the team's tryouts, assisted by the A-Ball Coordinator. Up to three Coaches per team may be added after the formation of the team(s). At least one member of each team's staff, either a Manager, Coach, or designated dugout mom must be an adult woman. Team functions will not be permitted unless an adult woman is in attendance. All Managers and Coaches must be approved by the NCGSA Board at the September/October Board meeting for the Spring Season and the May/June Board meeting for the Fall Season.
4. The NCGSA A-Ball Team will participate in at least six (6) Legacy/AST tournaments in the Spring/Summer Season. The Tournament Schedule should be finalized by the end of February. The Spring/Summer Season begins in January with tournaments beginning in March and continuing through July. NCGSA A-Ball team can add High School players once the high school season has been completed at a prorated cost for jerseys and tournaments.
5. The Spring/Summer Season Tournament Schedule will take into account both the NCGSA Opening and Closing Ceremony dates and avoid conflicts so that the A-Ball Team(s) can participate in these events.

6. Each NCGSA A-Ball Team(s) will participate in at least four (4) Legacy/AST tournaments in the Fall Season. The Tournament Schedule should be finalized in early August. This season begins with practices in late July and tournament participation beginning in August and continuing to as late as mid-December (with most seasons ending before the Thanksgiving Holiday).

PART C. PRACTICES FIELDS, TIMES AND LOCATIONS

1. All NCGSA A-Ball Teams will strive to practice at least three times per week with Sunday as one of the practice days. The A-Ball Coordinator will work with the scheduler for locations and times. Any financial costs incurred as a result of renting a facility will be built into the registration fee. Players will have full access to the indoor facility that will also be built into the registration fee.

PART D. FUNDING

1. The Nevada County A-Ball program will be handled under the NCGSA non-profit organization filing of 501(c).
2. Funds collected or earned for Nevada County Class A teams will be managed through the Nevada County Girls Softball Association account. The A-Ball program Coordinator will communicate tournament entry fee payments, uniform payments to the NCGSA Treasurer, who will send payment along with any other information such as a tournament entry form received from the A-Ball Coordinator or A-Ball Manager. A separate monthly Profit & Loss Statement along with a season ending (both Spring & Fall) P&L statement will be generated for the NCGSA A-Ball team(s) funds. Funds collected for/by Nevada County A-Ball team(s) are to be used exclusively for the operation of the USA A-Ball team and/or players.
3. NCGSA A-Ball players can pay the full season cost up front or have a payment schedule as follows:
 - 25% of fee directly after making the team.
 - 25% of fee January 1 no later than the 5th
 - 25% of fee February 1 no later than the 5th
 - 25% of fee March 1 no later than the 5th
4. Player dues can be paid to the NCGSA Venmo account where the treasurer will provide a monthly statement to the A coordinator.
5. Additional funding for the A team(s) will be generated through financial support from parents, and fundraisers.

DIVISION XI

Concussions

Concussion Information

Since 2012, per Assembly Bill 25, all schools with sports programs have been required to immediately remove an athlete from an athletic activity for the remainder of the day if the athlete is suspected of sustaining a concussion or head injury, and prohibits the athlete from returning to the athletic activity until the athlete is evaluated by a licensed health care provider, trained in the management of concussions, and acting within the scope of his or her practice, and the athlete receives written clearance from the licensed health care provider to return to the athletic activity. This law also requires, on a yearly basis, a concussion and head injury information sheet to be signed and returned by the athlete and athlete's parent or guardian before the athlete's initiating practice or competition.

A new law went into effect on January 1, 2017. Assembly Bill 2007 now applies these same regulations to athletes participating in youth sports organizations as well. To ensure the league complies with this law, the following procedures must be followed:

- 1. An athlete who may have a concussion during a practice or game is to be removed from the activity for the remainder of the day.**
- 2. The coach shall notify the parent or guardian of the time and date of the injury, the symptoms observed, and any treatment provided to the athlete for the injury and notify the parent that a doctor's note must be obtained before return to play. The coach shall also notify the Player Agent of the incident.**
- 3. Any athlete removed for this reason must receive a written clearance note from a medical doctor trained in the management of concussion before returning to practice, and after completion of the Return to Learn and Return to Play Protocols. The clearance note should be provided to the Player Agent.**
- 4. Before an athlete can start the season and begin practice in a sport, a concussion information sheet must be signed and returned to the league by the parent/guardian.**
- 5. During coaches training and volunteer registration, the league will provide all coaches and administrators with training on concussions, and document completion and understanding of this training.**

In addition to the information provided as stated above, please visit the links below for a free information available on concussions:

<http://www.cdc.gov/concussion/HeadsUp/Training/index.html>

<http://www.cdc.gov/headsup/youthsports/parents.html>

<http://www.cdc.gov/headsup/youthsports/athletes.html>

<http://nfhslearn.com/courses/61064/concussion-in-sports>

<https://www.usasoftballsacramento.org/page/show/5493986-concussion-information>