

### Team-Building Exercise

1. *What do I do to help us work well together as a team?*

2. *What do my teammates do to help us work well together as a team?*

3. *What are all the things we did in a peak game that helped us work well together?*

4. *What else could we do to create team unity and cohesiveness that we're not already doing?*

5. *What do we need to do to improve as a team and to be more successful?*

6. What can I do personally to encourage and support my teammates?

7. I think important team goals for our team should be...

a.

b.

c.

d.

e.