

w

### Team-Building Exercise

1. What do I do to help us work well together as a team?

2. What do my teammates do to help us work well together as a team?

3. What are all the things we did in a peak game that helped us work well together?

4. What else could we do to create team unity and cohesiveness that we're not already doing?

5. What do we need to do to improve as a team and to be more successful?

6. What can I do personally to encourage and support my teammates?

7. I think important team goals for our team should be...

a.

b.

c.

d.

e.